

## Statement No 4:

- There is a pool of emerging data in favor of a promising role of hormonal monitoring during HRT FET cycles.
- 2: Low serum progesterone prior to FET, has been linked to reduced pregnancy rates in many studies. However, There is no solid data regarding progesterone cut off level on the day of FET which is affected by the mode of administration of progesterone.
- Reported cut-off levels range from 10-20 ng/ml.
- On the other hand reports suggest that levels above 32.5 ng/ml may have a negative impact on pregnancy rates.
- EFRE suggests measuring serum progesterone at day of FET to monitor different LPS protocols.
- Further hormonal monitorings seem currently unwarranted given the lack of a solid evidence.
- We strongly recommend that EFRE IVF facilities share and accumulate adequate data to adopt Egyptian guidelines for the hormonal monitoring process of FET.



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