

Statement No 1:

October 2021 EFRE statement to limit number of ET

1. To limit number of embryos transferred, as a required by law in some countries, "may" not to be call currently applicable to centers in our region.
2. Centers should analyze their own data to limit number of embryos transferred to minimize multiple pregnancies without compromising live birth rates
3. Transfer of more than 3 embryos should be abounded even in women more than 40 years and RIF
4. Transfers 2 embryos has to be "encouraged" and in case of 3 ET it needs o be discussed with laboratory and patients with an informed consent
5. Patient age, fresh and frozen, day 3 and day 5, and the value of transferring euploid blastocysts need to be the focus of collaborative regional multi-center research
6. Centers currently have a fixed successful policy of DET or SET should kindly share and discuss their results with the Egyptian and regional communities
7. We need to outsource and economic analyst to discuss cost effectiveness of DET and SET policies and their impact on patients and centers
8. It is imperative for success of limited ET policy to standardize laboratory performance "KPIs" ,to audit and be open to all scenarios and criticisms



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